



Terms of Engagement between Pippa Carey and the Client

Nutritional Therapy is the application of nutrition science in the promotion of health, peak performance and individual care. Practitioners consider each individual to be unique and recommend personalised nutrition and lifestyle programmes rather than a 'one size fits all' approach. Practitioners never recommend nutritional therapy as a replacement for medical advice and always refer any client with symptoms that cause concern to their medical professional.

Pippa Carey requests that the Client notes the following:

- The degree of benefit obtainable from Nutritional Therapy may vary between clients with similar health problems and following a similar Nutritional Therapy programme;
- Nutritional advice will be tailored to support health conditions and/or health concerns identified and agreed between both parties;
- Nutritional therapists are not permitted to diagnose, or claim to treat, medical conditions.
- Nutritional advice is not a substitute for professional medical advice and/or treatment;
- Your Nutritional Therapist may recommend food supplements and/or functional testing as part of your Nutritional Therapy programme and may receive a commission on these products or services.
- Pippa abides by the standards of professional practice in Nutritional Therapy governed by the CNHC Code of Conduct, Performance and Ethics and the BANT Professional Practice Handbook.

The Client understands and agrees to the following:

- You (the client) are responsible for contacting your GP about any health concerns.
- You give permission for Pippa to contact your GP regarding any agreed aspects of your case.
- If you are receiving treatment from your GP, or any other medical provider, you should tell him/her about any nutritional strategy provided by a nutritional therapist. (This is necessary because of any possible reaction between medication and the nutritional programme.)
- It is important that you inform me about any medical diagnosis, medication, herbal medicine, or food supplements, you are taking as this may affect the nutritional programme.
- If you are unclear about the agreed nutritional programme/food supplement doses/time period, you should contact me promptly for clarification.
- You must contact me should you wish to continue any specified supplement programme for longer than the original agreed period, to avoid any potential adverse reactions.
- You are advised to report any concerns about Nutritional Therapy promptly to me for discussion and action.
- Recording consultations using any form of electronic media is not allowed without the written permission of both me and my Nutritional Therapist, Pippa Carey.

We understand the above and agree that our professional relationship will be based on the content of this document. We declare that all the information we share during this professional relationship is confidential and to the best of our knowledge, true and correct.

Client Name:

NT Name:

Client Signature:

NT Signature:

Date:

Date: